Instructions for Adjusting Expansion Watch Bands

4. Remove the necessary number of links by repeating steps 1 through 3, beginning with the link next to the last link to be removed. Remember that you need a top-side link to hook up to an underside link.

5. When the band is ready to be reassembled, place both sides together in front of you, top-side up. With long-nose pliers or tweezers, reinsert the U-shaped pins in the top and underside of the connecting band links. Bend the side wing back down on the top link and underside link.

NOTE:
If you need to adjust the band more than once, you should work on a different section, as continual adjustment at the same section will weaken the side wings. Save links and pins for later use when lengthening a band.

1. Place the band top-side up, horizontally flat, in front of you. Gently spread the band apart. Use a bench knife to carefully pry out and flatten the bottom wings against the table.

2. Turn the band over and carefully pry out and flatten down the top wings of the underside (those adjacent to the link) against the table.

3. With long-nose pliers or tweezers, carefully pull out connecting U-shaped pins between adjacent links on the top side and the underside.